

For detailed route descriptions, interest points, and digital maps go to bikeoceanside.org

VISITOR INFORMATION
California Welcome Center-Oceanside
928 N. Coast Highway
Oceanside, CA 92054
760-721-1101

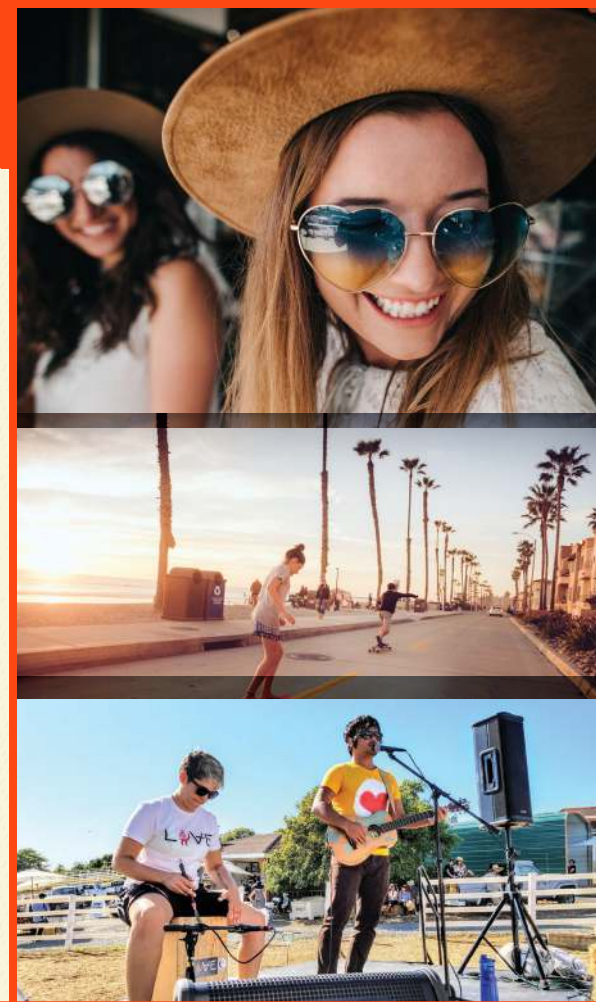


BIKEOCEANSIDE.ORG



COVER PHOTOS: SURFER: © Myles McGuinness | CYCLIST: © Rich Cruse

OVERVIEW



LEGEND

- to Carlsbad: **7 mi.**
 - to Encinitas: **24 mi.**
 - to Mission San Juan Capistrano: **62 mi.**
 - to Mission San Luis Rey: **15 mi.**
 - to Oceanside Harbor: **4 mi.**
 - to San Onofre State Park: **37 mi.**
 - to Sleeping Indian: **36 mi.**
 - to Torrey Pines: **40 mi.**
- (Distances for round trips)

Bike repair stations are located at the Oceanside Pier (Pacific St. Entrance), California Welcome Center-Oceanside, and Mance Buchanan Park. Includes specialized bike tools and air pump.

Indicates California Welcome Center Providing visitor info, maps, gifts, apparel and more.

The San Luis Rey River Trail is a Class 1 bicycle trail, approximately 9 miles. The coastal entrance is located just west of the Cleveland and Neptune intersection, running along the railroad tracks.



COASTAL O'SIDE



MAP & GUIDE FOR OCEANSIDE BIKE ROUTES

BIKE

O'SIDE



OCEANSIDE BIKE ROUTES

* All bike routes begin and end at the Oceanside Pier.
For detailed route descriptions, interest points, and digital maps go to bikeoceanside.org

BIKING IN OCEANSIDE

Oceanside is a classic Southern California beach community where everyone wants to spend the day outside, soaking up the warm sun. The city has diverse terrain which lends itself to a variety of fun and exciting bike routes; ranging from leisurely coastal cruises to high impact endurance challenges. Experience a unique side of Oceanside by exploring our beautiful city by bicycle!



© Marcel Fuentes / City of Encinitas

4 ENCINITAS

Extend your coastal exploration south, along Highway 101, until you reach the City of Encinitas. While on bike you will have the opportunity to see the beach communities of Oceanside, Carlsbad, Leucadia, and Encinitas. During your adventures, stop at local restaurants and visit funky surf shops. Don't want to pedal back to Oceanside? No worries! Take the Coaster commuter train back to the Oceanside Transit Center.

Distance: 24 miles* **Difficulty Level: Intermediate**

BIKE FRIENDLY

Since 2008, Oceanside has been recognized as a Bicycle Friendly Community by the League of American Cyclists; recently awarded a silver rating for its clearly marked bike trails, numerous cycling events, and incorporation of cycling into the development and future infrastructure of the community.



© Kurt Lightfoot / Mission San Luis Rey

1 MISSION SAN LUIS REY

Where outdoor adventure meets historic charm, enjoy a leisurely bike ride to Mission San Luis Rey (1789). Cruise along the San Luis Rey River Trail (a class 1 bicycle path), taking in the natural habitat and seasonal birds. Mission San Luis Rey is the largest of the 21 California Missions and provides visitors a glimpse back in time to when Spanish settlers first arrived along the California coast. Take a tour, pack a lunch, and enjoy spending the day at this educational and historical landmark.

Distance: 15 miles* **Difficulty Level: Easy**

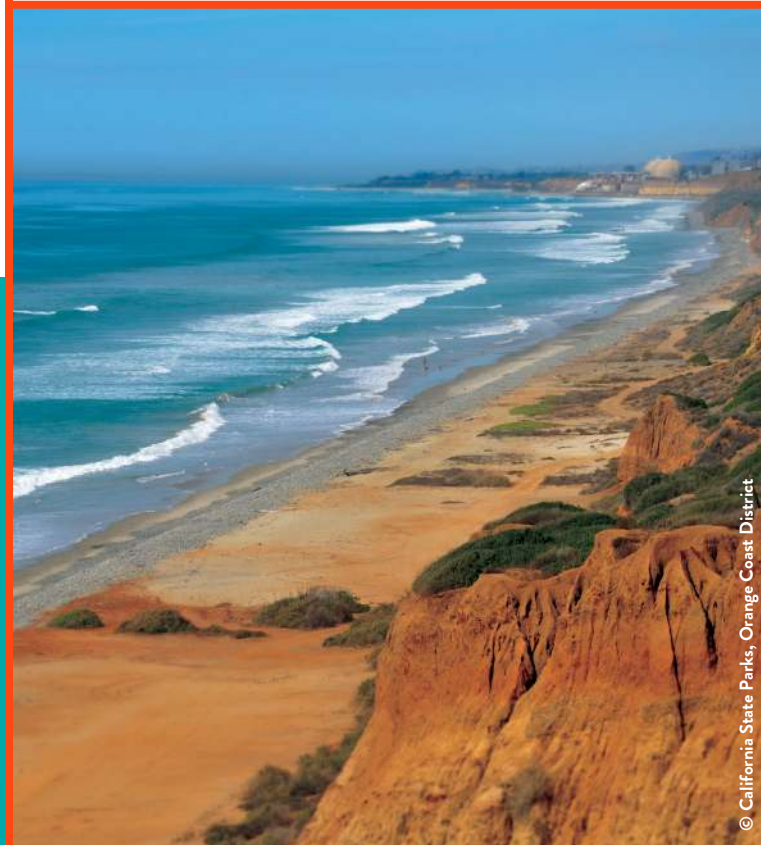


© Jeffrey Folk

5 TORREY PINES

Enjoy a majestic ride from Oceanside to the Torrey Pines State Reserve in La Jolla. Cyclists that travel this route will enjoy gorgeous coastal views and spot local landmarks including the Self-Realization Fellowship Temple, The Cardiff Kook, and the Del Mar Thoroughbred Club. The adventure only gets better as you arrive at the beautiful Torrey Pines State Beach. The 2,000 acre natural reserve features colorful bluffs, eight miles of hiking trails, and a visitor center. If you do not wish to bike back to Oceanside, riders can take the Coaster commuter train from the Solana Beach Transit Center.

Distance: 40 miles*
Difficulty Level: Intermediate / Advanced



© California State Parks, Orange Coast District

6 SAN ONOFRE STATE PARK

Take the scenic route north to San Onofre State Park. This popular cycling route runs through Marine Corps Base Camp Pendleton; the largest undeveloped portion of the Southern California coastline, giving riders the opportunity to experience the natural terrain and to watch military trainings underway. Note: All visitors must apply for base access prior to arrival, see official website for details.

Distance: 37 miles*
Difficulty Level: Intermediate

2 OCEANSIDE HARBOR

Explore Oceanside Harbor on this casual, family-friendly route. The harbor is a hidden gem, sporting wide sandy beaches, epic surf conditions, and a charming merchant village filled with shops and eateries. Surrounding the harbor are many restaurants that have outdoor patios with great views of the water. Along the eastern edge, near the harbor mouth is a large "Oceanside" sign atop the hill. This is a great place to stop and take a photo to document your adventures.

Distance: 4 miles* **Difficulty Level: Easy**



3 CARLSBAD VILLAGE

Get out and explore with a leisurely bike ride to see our neighbors to the south in the City of Carlsbad. You will be amazed by all there is to see and do along the way! Explore the artisan and eclectic retail shops throughout the South O shopping district. When crossing over the Buena Vista Lagoon stop at the Nature Center to discover the local wildlife. Shortly after crossing the city limits, you will enter into the heart of Carlsbad Village where there is a variety of restaurants, pubs, and gift shops to explore.

Distance: 7 miles* **Difficulty Level: Easy**



© Rich Cruise

EVENTS

Oceanside is home to a variety of endurance events held throughout the year including IRONMAN 70.3 Oceanside, Race Across America (RAAM), Bike the Coast-Taste the Coast and more. With our mild climate and variations in scenery, Oceanside is the perfect place to train and to participate in your next athletic challenge.

Go to visitoceanside.org for a complete calendar of events.

7 MISSION SAN JUAN CAPISTRANO

Continue north through San Onofre State Park an additional 18 miles to explore South Orange County and one of the most famous missions in California, Mission San Juan Capistrano. While in the area, explore the neighboring Los Rios Historic District, shops, and restaurants. If you don't feel like riding back to Oceanside, you can catch the train from the San Juan Capistrano station.

Distance: 62 miles* **Difficulty Level: Advanced**



© Courtesy of Mission San Juan Capistrano

8 SLEEPING INDIAN

The Sleeping Indian bike route is a fun and fast-pace terrain for the advanced rider that is looking for an endurance challenge. The route mirrors the starting leg for the international cycling event Race Across America (RAAM) where athletes ride over 3,000 miles to Annapolis, MD. Along the trail riders will see the diverse, natural landscapes of Southern California that features rolling hills, agriculture, and farm land.

Distance: 36 miles*
Difficulty Level: Advanced

